

# Hamster Cyclic AMP response element binding protein,

## CREB ELISA Kit

Catalog No: E1318ha

96 Tests

Operating instruction

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**FOR RESEARCH USE ONLY; NOT FOR THERAPEUTIC OR DIAGNOSTIC APPLICATIONS!**

**PLEASE READ THROUGH ENTIRE PROCEDURE BEFORE BEGINNING!**

### **Intended use**

This immunoassay kit allows for the in vitro quantitative determination of hamster Cyclic AMP response element binding protein, CREB concentrations in tissue homogenates and other biological fluids.

### **Introduction**

CREB (cAMP response element-binding) proteins are transcription factors which bind to certain sequences called cAMP response elements (CRE) in DNA and thereby increase or decrease the transcription of certain genes. CREB is highly related (in structure and function) to CREM (cAMP response element modulator) and ATF-1 (activating transcription factor-1) proteins. CREB proteins are active in many animals, including humans. The typical (somewhat simplified) sequence of events is as follows: a signal arrives at the cell surface, activates the corresponding receptor, which leads to the production of a second messenger such as cAMP or Ca<sup>2+</sup>, which in turn activates a protein kinase. This protein kinase moves to the cell nucleus, where it activates a CREB protein. The activated CREB protein then binds to a CRE region, and is then bound to by a CBP (CREB binding protein) which coactivates it, allowing it to switch certain genes on or off. The DNA binding of CREB is mediated via its basic leucine zipper domain (bZIP domain) as depicted in the picture.

CREB has many functions in many different organs although most of its functions have been studied in relation to the brain. CREB proteins in neurons are thought to be involved in the formation of long-term memories; this has been shown in the marine snail *Aplysia*, the fruit fly *Drosophila melanogaster*, and in rats. They are necessary for the late stage of long term potentiation. There are activator and repressor forms of CREB. Flies genetically engineered to overexpress the inactive form of CREB lose their ability to retain long term memory. CREB is also important for the survival of neurons, as shown in genetically engineered mice, where CREB and CREM were deleted in the brain. This study supports the view that disturbance of CREB function in brain can contribute to the development and progression of Huntington's Disease in humans. If CREB is lost in the whole developing mouse embryo, the mice die immediately after birth, again highlighting the critical role of CREB in promoting survival. CREB is also thought to be involved in the growth of some

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types of cancer.

In humans, abnormalities of a protein which interacts with the KID domain of CREB, the CREB binding protein (CBP) is associated with Rubinstein-Taybi syndrome.

### **Test principle**

The microtiter plate provided in this kit has been pre-coated with an antibody specific to CREB. Standards or samples are then added to the appropriate microtiter plate wells with a biotin-conjugated polyclonal antibody preparation specific for CREB and Avidin conjugated to Horseradish Peroxidase (HRP) is added to each microplate well and incubated. Then a TMB substrate solution is added to each well. Only those wells that contain CREB, biotin-conjugated antibody and enzyme-conjugated Avidin will exhibit a change in color. The enzyme-substrate reaction is terminated by the addition of a sulphuric acid solution and the color change is measured spectrophotometrically at a wavelength of 450 nm  $\pm$  2 nm. The concentration of CREB in the samples is then determined by comparing the O.D. of the samples to the standard curve.

### **Materials and components**

Reagent	Quantity
Assay plate	1 $\times$ 20ml
Standard	2
Sample Diluent	1 $\times$ 20ml
Assay Diluent A	1 $\times$ 10ml
Assay Diluent B	1 $\times$ 10ml
Detection Reagent A	1 $\times$ 120 $\mu$ l
Detection Reagent B	1 $\times$ 120 $\mu$ l
Wash Buffer(25 x concentrate)	1 $\times$ 30ml
Substrate	1 $\times$ 10ml
Stop Solution	1 $\times$ 10ml
Plate sealer for 96 wells	5
Instruction	1

### **Other supplies required**

Luminometer.

Pipettes and pipette tips.

EP tube

Deionized or distilled water.

### **Sample collection and storage**

**Tissue homogenates** - The preparation of tissue homogenates will vary depending upon tissue type. For this assay, tissue was rinsed with 1X PBS to remove excess blood, homogenized in 20 mL of 1X PBS and stored overnight at  $\leq$  -20° C. After two freeze-thaw cycles were performed to break the cell membranes, the homogenates were centrifuged for 5 minutes at 5000 x g. Remove the supernate and assay immediately or aliquot and store at  $\leq$  -20° C.

**Other biological fluids** - Remove particulates by centrifugation and assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze-thaw cycles.

**Note:** Tissue homogenates to be used within 7 days may be stored at 2-8 °C, otherwise samples must be stored at -20°C (≤ 1 months) or -80°C (≤ 2 months) to avoid loss of bioactivity and contamination. Avoid freeze-thaw cycles. When performing the assay slowly bring samples to room temperature.

DO NOT USE HEAT-TREATED SPECIMENS.

### Limitations of the procedure

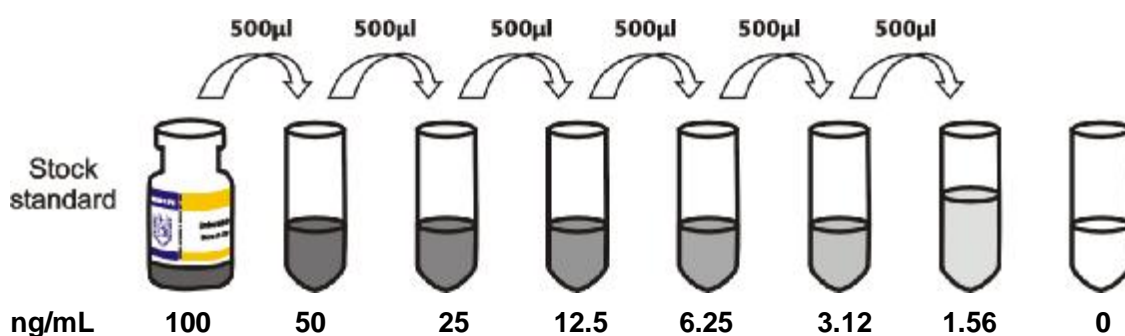
1. The kit should not be used beyond the expiration date on the kit label.
2. Do not mix or substitute reagents with those from other lots or sources.
3. If samples generate values higher than the highest standard, further dilute the samples with the Assay Diluent and repeat the assay. Any variation in standard diluent, operator, pipetting technique, washing technique, incubation time or temperature, and kit age can cause variation in binding.
4. This assay is designed to eliminate interference by soluble receptors, ligands, binding proteins, and other factors present in biological samples. Until all factors have been tested in the Quantikine Immunoassay, the possibility of interference cannot be excluded.

### Reagent preparation

Bring all reagents to room temperature before use.

**Wash Buffer** - If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Dilute 30 mL of Wash Buffer Concentrate into deionized or distilled water to prepare 750 mL of Wash Buffer.

**Standard** - Reconstitute the **Standard** with 1.0 mL of **Sample Diluent**. This reconstitution produces a stock solution of 100 ng/ml. Allow the standard to sit for a minimum of 15 minutes with gentle agitation prior to making serial dilutions (Making serial dilution in the wells directly is not permitted). The undiluted standard serves as the high standard (100 ng/ml). The **Sample Diluent** serves as the zero standard (0 ng/ml).



**Detection Reagent A and B** - Dilute to the working concentration using **Assay Diluent A and B** (1:100), respectively.

### Assay procedure

Allow all reagents to reach room temperature (Please do not dissolve the reagents at 37°C

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directly.). **All the reagents should be mixed thoroughly by gently swirling before pipetting. Avoid foaming.** Keep appropriate numbers of strips for 1 experiment and remove extra strips from microtiter plate. Removed strips should be resealed and stored at 4°C until the kits expiry date. Prepare all reagents, working standards and samples as directed in the previous sections. Please predict the concentration before assaying. If values for these are not within the range of the standard curve, users must determine the optimal sample dilutions for their particular experiments.

1. Add 100 µl of **Standard**, Blank, or Sample per well. Cover with the Plate sealer. Incubate for 2 hours at 37°C.
2. Remove the liquid of each well, don't wash.
3. Add 100 µl of **Detection Reagent A** working solution to each well. Cover with the Plate sealer. Incubate for 1 hour at 37°C. **Detection Reagent A** working solution may appear cloudy. Warm to room temperature and mix gently until solution appears uniform.
4. Aspirate each well and wash, repeating the process three times for a total of three washes. Wash by filling each well with Wash Buffer (approximately 400 µl) using a squirt bottle, multi-channel pipette, manifold dispenser or autowasher. Complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels.
5. Add 100 µl of **Detection Reagent B** working solution to each well. Cover with a new Plate sealer. Incubate for 1 hours at 37°C.
6. Repeat the aspiration/wash as in step 4.
7. Add 90 µl of **Substrate Solution** to each well. Cover with a new Plate sealer. Incubate within 30 minutes at 37°C. Protect from light.
8. Add 50 µl of **Stop Solution** to each well. If color change does not appear uniform, gently tap the plate to ensure thorough mixing.
9. Determine the optical density of each well at once, using a microplate reader set to 450 nm.

**Important Note:**

1. Absorbance is a function of the incubation time. Therefore, prior to starting the assay it is recommended that all reagents should be freshly prepared prior to use and all required strip-wells are secured in the microtiter frame. This will ensure equal elapsed time for each pipetting step, without interruption.
2. Please carefully reconstitute Standards or working Detection Reagent A and B according to the instruction, and avoid foaming and mix gently until the crystals have completely dissolved. The reconstituted Standards can be used only once. This assay requires pipetting of small volumes. To minimize imprecision caused by pipetting, ensure that pipettors are calibrated. It is recommended to suck more than 10µl for once pipetting.
3. To ensure accurate results, proper adhesion of plate sealers during incubation steps is necessary. Do not allow wells to sit uncovered for extended periods between

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incubation steps. Once reagents have been added to the well strips, DO NOT let the strips DRY at any time during the assay.

4. For each step in the procedure, total dispensing time for addition of reagents to the assay plate should not exceed 10 minutes.
5. To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.
6. The wash procedure is critical. Insufficient washing will result in poor precision and falsely elevated absorbance readings.
7. Duplication of all standards and specimens, although not required, is recommended.
8. Substrate Solution is easily contaminated. Please protect it from light.

### **Specificity**

This assay recognizes recombinant and natural hamster CREB. No significant cross-reactivity or interference was observed.

### **Sensitivity**

The minimum detectable dose of hamster CREB is typically less than 0.78 ng/ml.

The sensitivity of this assay, or Lower Limit of Detection (LLD) was defined as the lowest protein concentration that could be differentiated from zero.

### **Detection Range**

1.56 -100 ng/mL. The standard curve concentrations used for the ELISA's were 100 ng/mL, 50 ng/mL, 25 ng/mL, 12.5 ng/mL, 6.25 ng/mL, 3.12 ng/mL, 1.56 ng/mL.

### **Calculation of results**

Average the duplicate readings for each standard, control, and sample and subtract the average zero standard optical density. Create a standard curve by reducing the data using computer software capable of generating a four parameter logistic (4-PL) curve-fit. As an alternative, construct a standard curve by plotting the mean absorbance for each standard on the x-axis against the concentration on the y-axis and draw a best fit curve through the points on the graph. The data may be linearized by plotting the log of the CREB concentrations versus the log of the O.D. and the best fit line can be determined by regression analysis. It is recommended to use some related software to do this calculation, such as curve expert 13.0. This procedure will produce an adequate but less precise fit of the data. If samples have been diluted, the concentration read from the standard curve must be multiplied by the dilution factor.

### **Storage of test kits and instrumentation**

1. Unopened test kits should be stored referring to the package label for frequent use, and stored at -20°C for long time storage. The unused strips should be kept in a sealed bag and stored at 2-8°C in their pouch with the desiccant provided to minimize exposure to damp air. The test kit may be used throughout the expiration date of the

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kit (six months from the date of manufacture). Opened test kits will remain stable until the expiring date shown, provided it is stored as prescribed above.

2. There may be some foggy substance in the wells when the plate is opened at the first time. It will not have any effect on the final assay results.
3. Do not remove microtiter plate from the storage bag until needed.
4. A microtiter plate reader with a bandwidth of 10nm or less and an optical density range of 0-3 OD or greater at 450nm wavelength is acceptable for use in absorbance measurement.
5. Use fresh disposable pipette tips for each transfer to avoid contamination.
6. Do not substitute reagents from one kit lot to another. Use only the reagents supplied by manufacturer.
7. Valid period: six months.

**Precaution**

The Stop Solution suggested for use with this kit is an acid solution. Wear eye, hand, face, and clothing protection when using this material.